

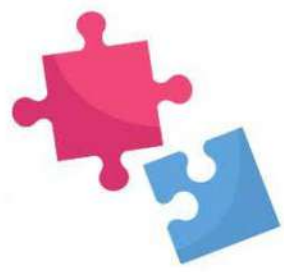


# ADVANCED PSYCHOLOGY PRACTICAL MASTER CLASS



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# MODULE -1

## CHILD Psychology



Child psychology is a broad area, covering how people change as they grow up from birth through to adolescence and trying to explain how these important changes occur. Child psychology is a concept aimed at the all-round development of the child.

Child psychology is a branch of psychology. Under which the behavior of children and their inner minds are observed. Child psychology is also known as “Developmental Psychology” in the modern era.



# IMPORTANCE OF CHILD PSYCHOLOGY

## HIGHLIGHT

- Understanding the normal and abnormal psychological patterns of a child can help parents understand how to best communicate & connect with their child, teach their child coping mechanisms for managing emotions, & help their child progress and thrive in each new developmental stage.
- Child psychologists can also identify abnormal behaviors early, help detect the root of common behavioral issues such as learning issues, hyperactivity, or anxiety, and help children work through early childhood trauma. They can also help to prevent, evaluate, and diagnose developmental delays or abnormalities such as autism.



- One of the the most important benefit of child psychology is the improvement of the Self -Esteem of a child!
- Child psychology provides the framework and support for a child to develop a healthy respect and regard for self and for others!
- Child psychology plays an important role in helping teachers to create Socio-emotional climate that is conducive in the classroom, so that the process of learning in the classroom can be productive.

Child Psychology Helps Parents & Teachers Better Understand kids & how best to support them.



## CHILD PSYCHOLOGY IS A SPECIALISED BRANCH OF DEVELOPMENTAL PSYCHOLOGY

A child psychologist is an expert in childhood development who works with children and adolescence to diagnose and help resolve issues that cause emotional or behavioural problems. Child psychology is important because it can help us better understand how kids tick as well as how best to support them to become well rounded individuals. It is therefore useful in assisting both parents and teachers to better understand & help children in their care.



“  
*There is in every child  
at every stage a new  
miracle of vigorous  
unfolding.*

~ Erik Erikson

”

# CHILD PSYCHOLOGY PRACTICAL PROGRAM



## ICS is presenting -

An exciting and in-depth practical program on Child Psychology. Within this program, you will be introduced to the discipline of child psychology & to theories and different approaches that have been developed to help us understand and support children's lives. You will also learn about the role of child psychologists in applied settings & how they can work with other professionals to support the lives of children and young people.





## WHAT DOES IT FOCUS ON ?

- What is Developmental Psychology?
- Intro to Child Psychology
- What is life span and their age range?
- Role of Child Psychologist in the field of Mental Health?
- Case History taking
- Mental Status Examination (MSE)
- Behavior observation
- Dealing with clients
- Major Childhood disorders



## EXPLORE OUR CHILD PSYCHOLOGY COURSE

- Concept and assessment of Childhood disorders
- Behavioural modification therapy, positive punishment, negative punishment, positive reinforcement & negative reinforcement
- Systematic desensitization Aversion therapy, Extinction and Applied behavioral analysis.
- Case studies and Role play



# TO TAKE CHILDREN SERIOUSLY IS TO VALUE THEM FOR WHO THEY ARE RIGHT NOW RATHER THAN ADULTS-IN-THE MAKING.

ALFIR KOHN

## LEARNING OUTCOMES

- Understand the discipline of child psychology as an area of study
- Understand how theories try to explain children's development
- Discuss important questions that are central to child psychology
- Understand how child psychologists work in different applied settings.



# MODULE : 2

## COUNSELLING PRACTICAL COURSE

Counselling practical program will help you to learn the practical side of your career. With this program, you can polish your skills, enhance your experience and learn from the best mentors.



If you are looking for counselling practical program in India then Indian Counselling Services is best place for you.



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# What Does It Focus On ?

1. Introduction to Psychological counselling - what are the counselling skills, ethics, methods and approaches
2. Process of counseling-How to Initiate the session Guidance and Supervision.
3. Rapport building, MSE, Case history taking
4. Academic stress management and counselling.
5. Initiation of CBT, REBT and how to use.
6. Genogram + Family counselling
7. Childhood disorders and Interventions
8. Psychological testing (Intelligence Tests,
9. Neuropsychological Tests)
10. Practical Session and implementation of the the different type Counselling.
11. Procedural session and Group Discussion
12. Case Studies
13. Diagnostic Methods & Testing
14. Etiology Methods & Approach of Counselling

# MODULE :3

## CLINICAL PRACTICAL COURSE

The Clinical Psychology Practical Internship Program is one of the most important internship program for training clinical psychology students. It provides students with a practical experience in different mental health facilities & under supervision of experienced professionals. ICS is providing best online training in India ,the Clinical Psychology Practical Internship Program with affordable cost placement assistance.



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# What Does It Focus On ?

- 1) Depression
  - 2) Dementia
  - 3) Substance Abuse (Alcohol Dependence)
  - 4) Schizophrenia
  - 5) Anxiety Disorders
  - 6) Obsessive-Compulsive Disorder
  - 7) Dissociative Disorders
  - 8) Somatoform Disorders
  - 9) Personality Disorders
  - 10) Mood Disorders
- Signs and symptoms of disorders
  - Diagnostic Criteria of disorders
  - Case example
  - Prevalence of the disorders
  - Etiology or Causes of Disorders
  - Psychological assessment
  - Treatment
  - Common effective therapies

# MODULE :4

## PSYCHOTHERAPY PRACTICAL PROGRAMME



Many people want to be a good therapist, but it takes both education and training.

Indian Counselling Services offers psychotherapy practical training and educational opportunities for aspiring psychologists.



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# What Does It Focus On ?

1. Introduction to Applied Psychotherapy
2. The Effect of a Therapist
3. Psychoanalytic Therapy
4. Psychodynamic therapy
5. Behavioral therapy
6. Cognitive Behavioral Therapy
7. Mindfulness Based Therapy
8. Schema Therapy



Assessments

Report Sheet

Sample How to  
Write report



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# MODULE : 5

## ADVANCED CBT MASTER CLASS

CBT is one of the most effective therapies currently available. By using this type of therapy to address problems, patients can make large leaps forward in their recovery and feel more confident in their abilities to handle different situations.



ICS offers a great online training program that can help you become a certified advanced cbt practitioner with comprehensive courses and study material designed to prepare you for certification exams. To learn more about our program and how it can help you become a certified expert in CBT.



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# What Does It Focus On ?

1. Introduction to CBT
2. CBT approaches methods and different CBT skills
3. ABC Model of CBT
4. Automatic Thoughts
5. ABCDE Model of CBT
6. STOPP Model of CBT
7. REBT
8. CBT application & Sample treatment methods with case studies and reports
9. Dielectric therapy
10. Solution focused brief Therapy

# PERKS & BENEFITS



- LIFETIME LEARNING SUPPORT
- LIFETIME ACCESS OF PDF STUDY MATERIAL AND PPT NOTE
- 24\*7 CHAT FACILITY
- ID CARD AND EMAIL CONFIRMATION
- NOTIFICATION OF THE CLASSES BEFORE THE CLASS START
- DEDICATED ACADEMIC COUNSELOR



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# WHY ICS ?

- Chance to get listed on ICS network & website
- Chance to handle real clients under the supervision of RCI licensed psychologist.
- Live & Recording session (Video notes)
- Startup Support.
- Ready to Start a virtual office.
- Lifetime Learning App
- Get Hardcopy certificate & Appreciation Letter from Indian's fastest growing platforms.
- Awards to our star performer.

