



ICS INDIAN
COUNSELLING
SERVICES
YOUR MENTAL HEALTH, OUR PRIORITY

Advanced School Counselling Course



Why Is Counseling Important in Schools?

Counselling can be very important in many schools—it can help provide important information and perspective to students who might not be able to get it otherwise. Students can go to professional counselors to seek advice. The goal of every session with the school counselor is to help student's thrive and recognize their strengths, as well as improve their interpersonal relationships



Effects of Quality Counseling in Schools

One of the biggest benefits of guidance and counseling in schools from a well-trained and effective school counselor is in the way they may be able to help prepare students for academic, career, and social challenges through relating their academic success with the potential success of their future lives.

- surpass a mental health problem, help motivate students to learn and explore the world around them to help figure out what they want to do with their lives
- encourage their students to have these types of conversations with their parents and peers, as well as being a sympathetic ear for the same students to come to
- have the ability to facilitate more intimate or group counselling sessions as well.

The Counselor's Role

School counselor's role is dealing with new forms of bullying, especially cyberbullying that often has an effect on mental health conditions.

Students who are going through a difficult time, struggling with mental illness, or just need advice and support. A few words from a helpful counselor can profoundly impact a student's life by improving their outlook on school, family, and the future, and this, along with the responsibilities outlined above, form the key tenets of a modern school counselor's role.



School counselors may also:

- provide support to teachers by serving an important part of the complete team that addresses the educational goals and needs of their students.
- help plan classroom and group activities that meet the students' needs.

Counselors gather and share resources with teachers to help the staff develop their skills in classroom management and teaching effectiveness. They also may be able to help observe students in the classroom or playground and provide teachers assistance with their roles as guides.



What Are The Benefits of School Counselling as a Career?

Some perks of choosing School Counselling as a career include: Having a rewarding and fulfilling career helping others and making a difference in their lives. Becoming your own boss, choosing your own hours, where you work, and how much you make





What does it focus on

- **Introduction to Psychological counselling - what are the counselling skills ,methods and approaches Process of counseling-How to Initiate the session**
- **Guidance and Supervision**
- **Rapport building, MSE, Case history taking**
- **Academic stress management and counselling**
- **Initiation of CBT, REBT**
- **Genogram + Family counselling**
- **Childhood disorders and Interventions**
- **Psychological testing (Intelligence Tests, Neuropsychological Tests)**
- **Practical Session**
- **Procedural session and Group Discussion**

What does it focus on

- **Developmental Psychology**
- **Child Psychologist: What They Do**
- **Case Report:**
- **Children's Mental Disorders**
- **Assessment childhood disorders**
- **Approaches to intervention**
- **Intervention techniques**
- **Initiation of CBT, REB**
- **Practical Session**
- **Procedural session and Group Discussion**

▶ TAKE AWAY:

-  Grade Sheet
-  Study Materials
-  Online Resources
-  E-Certificate
-  Letter of Recommendation



Get to learn from licenced certified expert



Trainer is Doctorate in Psychology with 15+ year of experience

Who can participate in this program

School Teacher|School students| Special Educators| School Counsellors | School Psychologists |Aspiring psychologist| Any professional involved in the mental health well-being



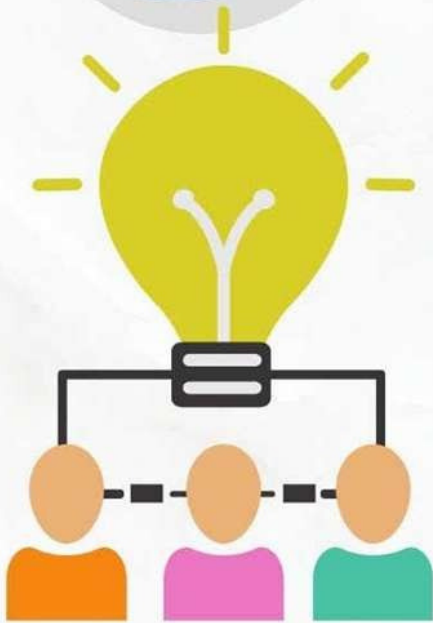
ICS INDIAN COUNSELLING SERVICES

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ICS

WHY CHOOSE US?



- Chance to get listed on ICS network
- Chance to handle real clients under the supervision of RCI Licensed Psychologists
- Live and recording session (Video notes)
- Ready to start a virtual office
- Awards to our star performer
- Get Hardcopy certificate & appreciation letter

PERKS & BENEFITS

- Lifetime learning support
- Lifetime access of PDF study material and PPT note
- 24*7 chat facility
- ID card and email confirmation
- Notification of the classes before the class start
- Dedicated academic counselor



www.indiancounsellingservices.com



ICS



CERTIFICATE OF COMPLETION

PROUDLY PRESENTED TO

CHAYANIKA DAS

This certifies that the above applicant successfully completed the intensive training duration of 3 Months for the **SCHOOL COUNSELOR COURSE**.

To advance her career in the field of psychology in the year 2023. We believe that the skills learned during this training programme would add an extra badge of excellence to his or her counselling approach in the professional help community. We wish you all the best in your future endeavours.

Sonali Grover

SIGNATURE
RCI LICENSED PSYCHOLOGIST
CRR NO. A68466



CERTIFICATE NO. ET/ISO/2111/1452
DATE 22/11/2023

S. Sinha

SIGNATURE
ADMISSION HEAD





LETTER OF RECOMMENDATION

Date : 23-11-2023



I am writing in enthusiastic support of Chandana Balla .

She put in a lot of effort to finish the **CHILD PSYCHOLOGY PRACTICAL PROGRAM** During this time together, she proved to be bright, inquisitive, and diligent in her training. Her learning and leadership skills were truly impressive. In addition to this, she is bright, eager to learn, and responsible.

Based on her exceptional performance and remarkable character, I have no doubt that she will thrive in any future academic or professional pursuits outside the academic realm, she also contributed actively to psychology-related extracurricular activities and initiatives.

I am confident that she would be an asset to any organisation and that she would excel.

Best regards,

**TRAINING DIRECTOR
PREETI SHARMA**